

Inland Empire Breastfeeding Coalition presents:

FREE Virtual General Education Session

Pregnancy and Labor Complications Impacting Lactation



Objectives:

1. Recognize key pregnancy and labor complications that may impact the initiation and maintenance of lactation.
2. Gain insight into how specific complications interfere with mammary gland development, milk production, and the hormonal milieu essential for successful breastfeeding.
3. Equipped with practical, evidence-based interventions and counseling approaches to support parents experiencing lactation difficulties secondary to pregnancy and labor complications.

April 28th 2026

12:30-2:00pm PT

Register for Zoom Link

\$30- 1.5 L CERP/CEUs/1.0 BRN offered IBCLE CERP areas:
Pathology: Maternal



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This presentation, designed for nurses and lactation consultants, will explore the intricate connections between pregnancy and labor complications and their subsequent impact on lactation. We will begin by reviewing prevalent complications—including preeclampsia, gestational diabetes, cesarean sections, and premature birth—and discuss epidemiological trends. The session will then delve into the physiological pathways through which these complications may disrupt lactogenesis and breastfeeding success, such as delayed onset of milk production or impaired hormonal regulation. Finally, we will focus on actionable, evidence-based strategies to optimize lactation outcomes for affected families, highlighting the collaborative roles of the healthcare team in assessment, intervention, and ongoing support. The goal is to empower attendees to confidently address lactation challenges arising from complex perinatal scenarios.

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