Inland Empire Breastfeeding Coalition presents:

Quarterly Hospital Collaborative Meeting

July 22nd 2025 2:15-3:15 PM following General Ed Session Walking through the 10 steps to Baby Friendly

## Addressing pain, common difficulties with the breastfeeding dyad, pacifiers use and alternative feeding methods

Step 5. Support mothers to initiate and maintain breastfeeding and manage common difficulties.
Step 9. Counsel mothers on the use and risks of feeding bottles, artificial nipples (teats) and pacifiers.

## **Discussion Topics:**

- 1. Addressing common difficulties
- 2. Treating pain
- 3. Addressing infants with feeding issues/ Late preterm/ Readmission prevention
- 4. Pacifier use and alternative feeding methods
- 5. Skin to skin beyond the golden hour



## 2025-2026 Hospital Collaborative Dates:

October 28th 2025 February 24<sup>th</sup> 2026 April 28<sup>th</sup> 2026 July 28<sup>th</sup> 2026 October 27<sup>th</sup> 2026



Facilitated by Pat Spier BSN, RNC-OB, EFM-C LeeAnn Contreras BSN, RN, IBCLC Kyrstye Bicera BSN, RN, IBCLC

> Follow Us: @iebfcoalition

Network is a collaboration of IE hospitals and community partners such as WIC and Black Infant Health, who come together to support the progress towards, the maintaining of, and the consistency of, breastfeeding friendly policies and practices across our counties, as we support the health of our Inland families through healthy first foods. We are currently networking and sharing our journeys of being Baby Friendly and deciding the future in

The IE Baby Friendly Hospital-Community

IEBFC inland empire breast feeding coalition



Visit our website https://www.iebreastfeeding.org or use the QR code for more information.