

Inland Empire Breastfeeding Coalition presents:

FREE Virtual General Education Session

More Than a Latch: The Mechanical Foundations of Breastfeeding



Objectives:

1. Explain how an infant's tension patterns and dysregulated nervous system influence the feeding process
2. Describe the basic mechanics of the neck, mouth, jaw and tongue and why breastfeeding is more than just the latch
3. Explain infant chiropractic care and its relationship to breastfeeding through baby's improved mobility, comfort, and nervous system function
4. Recognize the signs of oral ties or restrictions, understand how these can impact feeding, and when to seek specialist consultation

July 28th 2026

12:30-2:00pm PT

Register for Zoom Link

\$30- 1.5 L CERP/CEUs/1.0 BRN offered IBCLE CERP areas:
Development and Nutrition: Infant,
Pathology: Infant & Clinical Skills



Dr. Amanda Peterson, DC
@dr.amandachiro

This presentation explores how an infant's body mechanics, tension patterns, and nervous system function influence the breastfeeding process. Attendees will learn the foundational mechanics of the neck, mouth, jaw, and tongue, and how restrictions such as oral ties can impact latch and feeding. Infant chiropractic care will be discussed as part of a collaborative approach with lactation consultants and other specialists to improve infant mobility, comfort, and feeding function.

Dr. Amanda is a family chiropractor who specializes in gentle chiropractic care for pregnant moms, infants, and children.

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