**Steps to Successfully Assisting New Mothers in the Hospital**

**Outline**

**Cynthia Grube RN, BSN, PHN, IBCLC**

**Dress Professionally**

**How to Triage Your Patient List**

**Prepare With Expected Supplies/Tools**

**Know Your Resources/Staff**

**Individualize Care**

**Introduce Yourself**

**Initiate Consult**

**Begin Assessment**

**Nipple Pain**

**Identify Need for Follow Up In-Hospital and/or After Discharge**

**Document Findings**

**Provide Community Resources**