

Inland Empire Breastfeeding Coalition presents:

FREE Virtual General Education Session

Discontinuing Chin Pulls and Cheek Stimulation: A Functional Theory Using Novel Latch Techniques to Improve Milk Transfer and Tongue Position



Objectives:

1. Analyze the physiologic impact of discontinuing chin pulls and cheek stimulation on infant tongue position, milk transfer efficiency, and maternal pain outcomes.
2. Evaluate the evidence supporting functional latch techniques for addressing poor latch, ineffective milk transfer, and restricted tongue mobility in infants, and differentiate these approaches from traditional latching strategies using both clinical observations and maternal reports.
3. Formulate a clinical management plan that incorporates functional latch principles into patient care.

August 25th 2026

12:30-2:00pm PT

Register for Zoom Link

\$30- 1.5 L CERPs/CEUs/1.0 BRN offered IBCLE CERP areas:
Development and Nutrition: Infant & Techniques



Rachel Peiffer

IBCLC, BSN, RN, PHN
Cranial Sacral Practitioner
Nurturing Connections

Rachel Peiffer is an RN, IBCLC, and private practice owner that has served on multiple policy & education boards working with high risk infants and families. One of the greatest gaps I see in the hospital and in the community is the lack of accurate identification of effective milk transfer. Parents and professionals are not taught how to ensure implementations are conserving infant and parental energy along with effective breastfeeding. It is often said the latch appears "good" but the function is not identified. My Functional Latching Theory identifies interventions and methods to assure the infant is being fed and the function contributes to long term breastfeeding and development.

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