

Inland Empire Breastfeeding Coalition presents:

FREE Virtual General Education Session

We Recognize the Signs: Now What? Provider Tips for when Maternal Mental Health is at Risk



Objectives:

1. Participants will deepen understanding of 4-5 Perinatal Mental Health Disorders (PMAD) as well as how they may present.
2. Participants will Learn 3 Practical tips on how to respond to mothers when they may be experiencing a PMAD
3. Participants will Learn 3 Important Factors to consider in the case of a Maternal Mental Health Crisis

May 28th 2024

12:30-2:00pm PT

Register for Zoom Link

\$10 - 1.5 E CERPs/CEUs/1.0 BRN offered IBCLE CERP areas:
Psychology, Sociology and Anthropology & Clinical Skills



Janiel L. Henry

Psy.D.

Women Rise Psychological and
Wellness Center

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Dr. Henry will be speaking to providers currently working in maternal health spaces on how to support mothers and families experiencing PMADS or in Crisis. Frequently, a provider may recognize when mental health is suffering, yet feel unsure of the next steps or how to respond. Walk away from this presentation with practical tips and tools to add to your tool-belt. Dr. Henry is CEO, Founder, & Licensed Psychologist at Women Rise Psychological and Wellness Center. Women Rise is a boutique integrative wellness center specializing in women's mental health & wellness across the lifespan. Their integrative team offers holistic expertise including psychotherapy by skilled licensed clinicians, clinical functional nutrition, women's wellness practitioner/doula support, massage therapy, yoga movement, meditation, and sound healing thereby targeting the whole person.



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