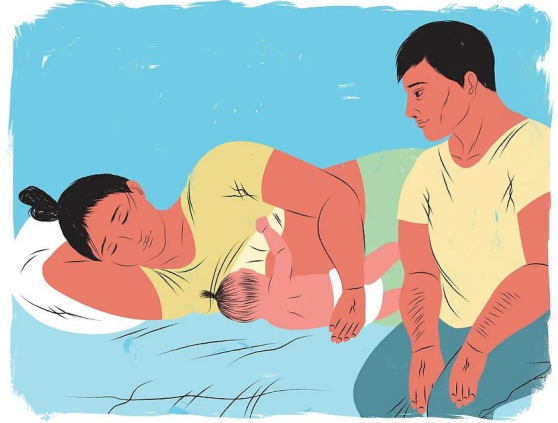


Inland Empire Breastfeeding Coalition presents:

# FREE Virtual General Education Session

## The Forgotten Parent: Postpartum Depression in Fathers and Non-birth Parents



### Objectives:

Be able to cite common myths about early fatherhood.

List prevalence and descriptions of paternal mood and anxiety disorders.

Describe interventions and resources to support fathers in the perinatal period.

**September 26th 2023**

**12:30-2:00pm PT**

**Register for Zoom Link**

\$10 - 1.5 E CERPs/CEUs/1.0 BRN offered IBCLE CERP areas:  
Psychology, Sociology and Anthropology & Clinical Skills



### **Daniel Singley, Ph.D., ABPP, PMH-C**

American Board of Clinical Psychology  
The Center for Men's Excellence

This presentation synthesizes research and theory regarding how men's socialization relates to their experience navigating the transition to new fatherhood. While the majority of parent educators and medical personnel see the fathers' role during the peripartum period as that of helper to the mother, a growing body of empirical evidence shows that fathers can make unique and long-lasting contributions to their child – and their partner's – well-being.

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