

Inland Empire Breastfeeding Coalition presents:

Limited Access Through August 9, 2024 @ 5pm PST

FREE Virtual General Education Session

## Do Lactation and Booze or Cannabis Mix? The Ethics of Consults With Parents Who Party



### Objectives:

1. Describe how alcohol consumed by a lactating parent enters the blood stream, and then gets into human milk
2. Identify sections of IBCLC practice-guiding documents about the ethics of consulting with families drinking alcohol during lactation
3. List three factors to share with parents, to evaluate the risks of lactating-and-partying

**June 25th 2024**

**12:30-2:00pm PT**

**Register for Zoom Link**

\$10 - 1.5 E CERPs/CEUs/1.0 BRN offered IBCLE CERP areas:  
Pharmacology and Toxicology & Clinical Skills



**Liz Brooks**

JD IBCLC FILCA

Private Practice IBCLC

This session will review the impact of partying on human milk, and the ethics of advising partying parents in your care. The ethical obligation to provide patient-centered, evidence-based information and support will be explored. The conflict-of-interest inherent in “commercial determinants of health” (where parents make decisions based on heavy marketing, not healthcare needs) will be explained.

Liz Brooks is a private practice International Board Certified Lactation Consultant (IBCLC) and licensed lawyer. She works bedside at two BFHI-designated hospitals, and in parents’ homes. She authored the only textbook on legal and ethical issues for the IBCLC, and writes extensively for other textbooks, blogs, and peer-reviewed journals. .

Follow Us:



Visit our website [www.iebreastfeeding.org](http://www.iebreastfeeding.org) and register on home page

visit our website <https://www.iebreastfeeding.org> (click on the membership tab) or use the QR code for more information.