

Inland Empire Breastfeeding Coalition presents:

## Quarterly Hospital Collaborative Meeting

February 24th 2026

2:15-3:15 PM (following General Ed Session)

### Supporting Birthing and Bonding in the Hospitals

#### PUMPING 101: When, Where and Why to use a Breastpump?

Ensure that staff have sufficient knowledge, competence and skills to support breastfeeding/ milk production in the perinatal period.



#### Discussion Topics:

1. Is there a written Policy regarding breastpumps and or pumping usage?
2. What are your current recommendations about pumping?
3. What education or resources are you giving to families to obtain a breast pump?

#### 2026 Hospital Collaborative Dates:

April 28<sup>th</sup> 2026

July 28<sup>th</sup> 2026

October 27<sup>th</sup> 2026



Facilitated by

Pat Spier BSN, RNC-OB, EFM-C

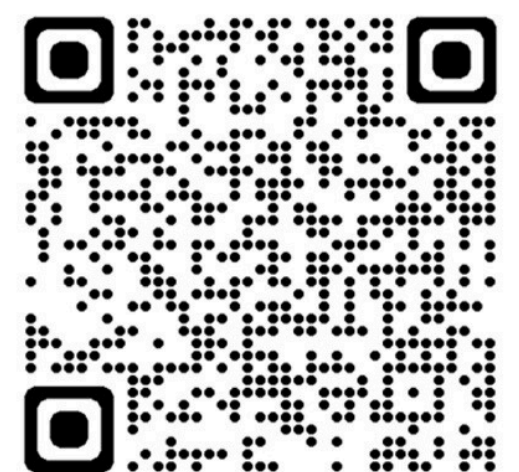
LeeAnn Contreras BSN, RN, IBCLC

Kyrstye Bicara BSN, RN, IBCLC

The Hospital Collaborative provides a safe and supportive space for collaboration among local perinatal hospital units and community partners—such as WIC and Black Infant Health—to advance, maintain, and align breastfeeding-friendly policies and practices across our counties, promoting the health of Inland Empire families from the start.

Health & Safety Code §§ 123360-123365 – “Breastfeeding Education & Support” law requiring hospitals to provide a breastfeeding consultant or, alternatively, information to the mother about where to get breastfeeding information.

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