

# TEXT MESSAGE PROJECT REFERENCES

## PRENATAL

### Week 12-

WIC Peer Counselor Handbook, pg. 30, WIC Lego Handout

<http://www.cdph.ca.gov/programs/breastfeeding/Documents/MO-HowDoesForWAFBF-Eng.pdf>

### Week 14-

Cox DB, Kent JC, Casey TM, Owens RA, Hartmann PE. [Breast growth and the urinary excretion of lactose during human pregnancy and early lactation: endocrine relationships](#). *Exp Physiol*. 1999;84(2):421-34.

### Week 16-

<http://www.askdrsears.com/topics/breastfeeding/common-problems/flat-or-inverted-nipples>

### Week 18-

Doan, Therese RN, IBCLC; Gardiner, Annelise; Gay, Caryl L.; Lee, Kathryn A. PhD, RN, Breast-feeding Increases Sleep Duration of New Parents **FAANJournal of Perinatal & Neonatal Nursing:** July/September 2007 - Volume 21 - Issue 3 - p 200-206  
doi: 10.1097/01.JPN.0000285809.36398.1b

### Week 20-

HANSON, L. Å., HAHN-ZORIC, M., BERNDDES, M., ASHRAF, R., HERIAS, V., JALIL, F., BHUTTA, T. I., LAEEQ, A. and MATTSBY-BALTZER, I. (1994), Breast feeding: Overview and breast milk immunology. *Pediatrics International*, 36: 557–561. doi: 10.1111/j.1442-200X.1994.tb03246.x

### Week 22-

[Major DA](#), [Cardenas RA](#), [Allard CB](#). Child health: a legitimate business concern. [J Occup Health Psychol](#).2004 Oct;9(4):306-21.

### Week 24-

[William M. Callaghan](#), [Sonja A. Rasmussen](#), [Denise J. Jamieson](#), [Stephanie J. Ventura](#), [Sherry L. Farr](#), [Paul D. Sutton](#), [Thomas J. Mathews](#), [Brady E. Hamilton](#), [Katherine R. Shealy](#) and [Dabo Brantley](#), *et al*. Health Concerns of Women and Infants in Times of Natural Disasters: Lessons Learned from Hurricane Katrina [Maternal and Child Health Journal Volume 11, Number 4](#), 307-311, DOI: 10.1007/s10995-007-0177-4

### Week 26-

Melissa Bartick and Arnold Reinhold **Analysis The Burden of Suboptimal Breastfeeding in the United States: A Pediatric Cost** *Pediatrics* DOI: 10.1542/peds.2009-1616

#### Week 27-

L. John Horwood and David M. Fergusson **Breastfeeding and Later Cognitive and Academic Outcomes**  
*Pediatrics* 1998;101;e9

#### Week 28-

[Julie A. Mennella](#), PhD Mother's Milk: A Medium for Early Flavor Experiences  
*J Hum Lact* **March 1995** vol. 11 no. 1 **39-45**

#### Week 29-

R P K FORD<sup>\*</sup>, et al. Breastfeeding and the Risk of Sudden Infant Death Syndrome *Int. J. Epidemiol.*  
(1993) 22 (5): 885-890. doi: 10.1093/ije/22.5.885

#### Week 30-

Melissa Bartick and Arnold Reinhold **Analysis The Burden of Suboptimal Breastfeeding in the United States: A Pediatric Cost** *Pediatrics* DOI: 10.1542/peds.2009-1616

#### Week 31-

Melissa Bartick and Arnold Reinhold **Analysis The Burden of Suboptimal Breastfeeding in the United States: A Pediatric Cost** *Pediatrics* DOI: 10.1542/peds.2009-1616

#### Week 32-

Righard, L. (1998), Are Breastfeeding Problems Related to Incorrect Breastfeeding Technique and the Use of Pacifiers and Bottles?. *Birth*, 25: 40–44. doi: 10.1046/j.1523-536x.1998.00040.x


#### Week 33-

LEMONS, JAMES A.; MOYE, LEMUEL; HALL, DANIEL; SIMMONS, MICHAEL Differences in the Composition of Preterm and Term Human Milk during Early Lactation  
[February 1982 - Volume 16 - Issue 2.](#)

#### Week 34-

KG Dewey, MJ Heinig and LA Nommsen **Maternal weight-loss patterns during prolonged lactation**  
*Am J Clin Nutr* August 1993 vol. 58 no. 2 162-166

#### Week 35-

[Suzanne D. Colson](#), [Judith H. Meek](#)<sup>b</sup>, [Jane M. Hawdon](#)<sup>b</sup> Optimal positions for the release of primitive neonatal reflexes stimulating breastfeeding *Journal of Early human development*,  
oi:10.1016/j.earlhumdev.2007.12.003

## Week 36-

<http://www.cdph.ca.gov/programs/breastfeeding/Documents/MO-StomachCapacityReferences.doc>

## Week 37-

[KA Bonuck](#), [M Trombley](#), [K Freeman](#) Randomized, Controlled Trial of a Prenatal and Postnatal Lactation Consultant Intervention on Duration and Intensity of Breastfeeding up to 12 Months  
**Pediatrics**2005, vol. 116, n°6, pp. 1413-1426

## Week 38-

Joy V. Browne, PhD, RN **Early relationship environments: physiology of skin-to-skin contact for parents and their preterm infants** Clin Perinatol 31 (2004) 287– 298

Week 39- Ball, H. L. (2003), Breastfeeding, Bed-Sharing, and Infant Sleep. Birth, 30: 181–188.  
doi: 10.1046/j.1523-536X.2003.00243.x

[Feldman R](#), [Weller A](#), [Zagoory-Sharon O](#), [Levine A](#). Evidence for a neuroendocrinological foundation of human affiliation: plasma oxytocin levels across pregnancy and the postpartum period predict mother-infant bonding

[Psychol Sci](#). 2007 Nov;18(11):965-70.

Week 40- Erickson PR, McClintock KL, Green N, et al. J. Estimation of the caries-related risk associated with infant formulas. Pediatr Dent 1998;20:395-403.

Hallonsten AL, Wendt LK, Mejare I, et al. Dental caries and prolonged breast-feeding in 18-month-old Swedish children. Int J Paediatr Dent 1995;5(3):149-55.

[Breastfeeding and Infant Caries: No Connection](#) by Brian Palmer, DDS Published in: ABM NEWS and VIEWS, The Newsletter of The Academy of Breastfeeding Medicine, 2000, Vol. 6, No. 4 (Dec), p27 & 31.

## POSTPARTUM

### Week 1-

[The Diaper Diary](#). by Kay Hoover, M Ed, IBCLC and Barbara Wilson-Clay, BS, IBCLC. Check out the photos.

[The Importance of Newborn Stool Counts](#) by Denise Bastien, from *Leaven*, Vol. 33 No. 6, December 1997-January 1998, pp. 123-6.

[Examining the Evidence for Cue Feeding Breastfed Infants](#) by Lisa Marasco, BA, IBCLC and Jan Barger, MA, RN, IBCLC <http://www.illi.org/ba/may99.html>

## Week 2-

Yoshitada Yamauchi, Itsuro Yamanouchi Breast-Feeding Frequency During the First 24 Hours After Birth in Full-Term Neonates Pediatrics Vol. 86 No. 2 August 1, 1990 pp. 171 -175

Diana West, BA, IBCLC and Lisa Marasco, MA, IBCLC *The Breastfeeding Mother's Guide to MAKING MORE MILK*

## Week 3-

Daly, S. E. and P. Hartmann. Infant demand and milk supply. Part 1: Infant demand and milk production in lactating women. J Hum Lact 1995; 11(1):21-26.

Daly, S. E. and P. Hartmann. Infant demand and milk supply. Part 2: The short-term control of milk synthesis in lactating women. J Hum Lact 1995; 11(1):27-37.

[Cue Feeding: Wisdom and Science](#), by Lisa Marasco, BA, IBCLC and Jan Barger, MA, RC, IBCLC from BREASTFEEDING ABSTRACTS, May 1999, Volume 18, Number 4, pp. 28-29.

## Week 4-

Karin Cadwell, PhD, FAAN, RN, IBCLC, Cynthia Turner-Maffei, MA, IBCLC, Anna Blair, PhD, CLC, Kajsa Brimdyr, PhD, and Zoë Maja McInerney, MA, CLC **Pain Reduction and Treatment of Sore Nipples in Nursing Mothers** J Perinat Educ. 2004 Winter; 13(1): 29–35.

doi: [10.1624/105812404X109375](https://doi.org/10.1624/105812404X109375).

Hale, Thomas. [Medications and Mothers' Milk](#), 14th Edition. Pharmasoft Medical Publishing, 2010.

## Week 5-

R P K FORD<sup>\*</sup>, et al. Breastfeeding and the Risk of Sudden Infant Death Syndrome Int. J. Epidemiol. (1993) 22 (5): 885-890. doi: 10.1093/ije/22.5.885

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Daly, S. E. and P. Hartmann. Infant demand and milk supply. Part 2: The short-term control of milk synthesis in lactating women. J Hum Lact 1995; 11(1):27-37

**Week 6-**Lactation Accommodation for all California employees <http://www.leginfo.ca.gov/cgi-bin/displaycode?section=lab&group=01001-02000&file=1030-1033> California Labor Code § 1030-1033. 2002: Chapter 3.8, Section 1030, Part 3 of Division 2 of the Labor Code

Urs A. Hunziker, MD, and Ronald G. Barr, MDCM, FRCPI Increased Carrying Reduces Infant Crying: A Randomized Controlled Trial 1986. *From the Department of Pediatrics, The McGill University-Montreal Children's Hospital Research Institute, Montreal, Quebec, Canada.*

#### Week 7-

**Cue Feeding: Wisdom and Science**, by Lisa Marasco, BA, IBCLC and Jan Barger, MA, RC, IBCLC from BREASTFEEDING ABSTRACTS, May 1999, Volume 18, Number 4, pp. 28-29.

Urs A. Hunziker, MD, and Ronald G. Barr, MDCM, FRCPI Increased Carrying Reduces Infant Crying: A Randomized Controlled Trial 1986. *From the Department of Pediatrics, The McGill University-Montreal Children's Hospital Research Institute, Montreal, Quebec, Canada.*

O'Hara, Michael W.; Swain, Annette M. **Rates and risk of postpartum depression-A meta-analysis.** International Review of Psychiatry, Vol 8(1), Mar 1996, 37-54. doi: [10.3109/09540269609037816](https://doi.org/10.3109/09540269609037816)

#### Week 8-

Hale, Thomas. [Medications and Mothers' Milk](#), 14th Edition. Pharmasoft Medical Publishing, 2010.

Hamosh M, Dewey, Garza C, et al: [Nutrition During Lactation](#). Institute of Medicine, Washington, DC, National Academy Press, 1991:p 6, 12, 101-102.

#### Week 9-

Diana West, BA, IBCLC and Lisa Marasco, MA, IBCLC *The Breastfeeding Mother's Guide to MAKING MORE MILK*

Sheila Humphrey, BSc, RN, IBCLC *The Nursing Mothers Herbal*, Fairview Press, 2003

Melissa Bartick and Arnold Reinhold **Analysis The Burden of Suboptimal Breastfeeding in the United States: A Pediatric Cost** *Pediatrics* DOI: 10.1542/peds.2009-1616

#### Week 10-

**Right to breastfeed in Public** • <http://www.leginfo.ca.gov/cgi-bin/displaycode?section=civ&group=00001-01000&file=43-53>

California Civil Code § 43-53. 1997 Section 43.3 of the Civil Code

<http://aappolicy.aappublications.org/cgi/content/full/pediatrics;115/2/496>

<http://www.who.int/topics/breastfeeding/en/>