

*Inland Empire Breastfeeding Coalition presents:*

# FREE Virtual General Education Session

## Uncovering the Vital Connection Between the Liver, Inflammation, and Human Milk



### Objectives:

1. Identify role of liver function and inflammation in milk production
2. What impairs liver function and contributes to low milk production
3. Develop methods to support lactating parents in optimizing liver health and milk production

**THIRD TUESDAY**

**January 20th 2026**

**12:30-2:00pm PT**

**Register for Zoom Link**

\$25 - 1.5 L CERPs/CEUs/1.0 BRN offered IBCLE CERP areas:  
Physiology & Endocrinology



**Dr. Priya Kalyan-Masih**

MD and Doula

Love Your Best Life LLC

Did you know your liver plays a key role in producing breast milk? Join us for a powerful session exploring how liver health impacts inflammation, hormone balance, and milk supply.

Learn:

- 💧 How the liver supports lactation
- ⚠️ What impairs liver function and reduces milk production
- 🌿 Practical ways to support liver health for optimal milk flow

Perfect for lactating parents, doulas, and perinatal professionals who want to understand the science behind nourishing the body—and the baby.

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